

Natalie Elkin, M.A., IMF

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Informed Consent for Treatment and Disclosure of Fees

This document is intended to provide important information to you regarding your treatment. Please read the entire document carefully and be sure to ask any questions that you may have regarding its contents.

Information about Natalie Elkin, M.A., IMF:

I have a Bachelor's degree in Psychology from University of California – Santa Barbara. I have a Master's degree in Marriage and Family Therapy from Alliant International University. I am a California Marriage and Family Therapy Intern (IMF#60920) practicing under the supervision of Sean Davis, PhD, LMFT (#45885). If you have any questions about my background or experience, please ask.

Fees:

The fee for service is on a sliding scale between \$60 and \$105 per individual, family, or couple's therapy session, \$65.00 per group therapy session, and \$150.00 per hour for time in court/ testimony. Based on your monthly income, your fee is: \$_____ per session. A session is 45-50 minutes.

Fees are payable at the time that services are rendered. If you wish to discuss a written agreement that specifies an alternative payment procedure, please do so prior to session.

If for some reason you find that you are unable to continue paying for your therapy, please inform me and I will help you consider any options that may be available to you at that time. I do offer a sliding scale in some instances.

Appointment Scheduling and Cancellation Policies:

Sessions are typically scheduled weekly or bi-weekly (sometimes more or less depending on need) at the same time and day if possible. Your consistent attendance greatly contributes to a successful outcome. In order to cancel or reschedule an appointment, you are expected to notify me at least 24 hours in advance of your appointment. *If you do not provide me with at least 24 hours notice in advance, you are responsible for full payment for the missed session.*

Please initial here to indicate your agreement with the fees, scheduling, and cancellation policies _____

Confidentiality:

All communications made in session will be held in strict confidence unless you provide written permission to release information about your treatment. If you participate in marital or family therapy, I will not disclose confidential information about your treatment unless all person(s) who participated in the treatment with you provide their written authorization to release (often called a "no-secrets policy"). Your case will be discussed regularly with Sean Davis, PhD and another intern. These discussions will also be held in strict confidence.

There are exceptions to confidentiality. Therapists are required to report instances of suspected child or elder abuse. Therapists are also required to break confidentiality when they have determined that a client presents a serious danger of physical violence to another person or when a patient is dangerous to him or herself. In addition, a federal law known as The Patriot Act of 2001 requires therapists (and others) in certain circumstances to provide FBI agents with requested items and prohibits the therapist from disclosing to the client that the FBI sought or obtained the items.

Minors and Confidentiality:

Parents have the legal right to be apprised of the details of their minor (under the age of 18) child's treatment. Parents and other guardians who provide authorization for their child's treatment are encouraged to be involved in their treatment. However, treatment with a minor often progresses best with a good-faith agreement to confidentiality between the parents and their child so that the child can be assured of his or her confidentiality in therapy sessions. Consequently, I may discuss the *treatment progress* of a minor client with the parent or caretaker, but preferably not details that would decrease trust between the minor and me. Minor clients and their parents are urged to discuss any questions or concerns that they have on this topic.

